


RCAAS LUNCH MENU November 2022

Menu is subject to change due to product availability	November 2022			This Institution is an equal opportunity provider	
31	1	2	3	4	<i>Weekly Special</i>
Taco Mac OR Chicken Nuggets Steamed Corn Fresh Fruit Tofts Milk	Hot Dog OR Turkey Gravy over Mashed Potatoes Fresh Fruit Tofts Milk	Soft Pretzel OR Chicken Burrito Bowl Steamed Broccoli Fresh Fruit Tofts Milk	Spaghetti with Meatballs OR Sloppy Joe Sandwich Green Beans Fresh Fruit Tofts Milk	Pizza (variety) OR Uncrustable Side Salad Fresh Fruit Tofts Milk	
7	8	9	10	11	<i>Weekly special</i>
Mozzarella Sticks OR Chicken Parm Sandwich Carrots and Peas Fresh Fruit Tofts Milk	Mini Corn Dogs OR Cheeseburger Potato Wedges Baked Beans Fresh Fruit Tofts Milk	Chicken & Waffles OR Pizza Burger Tator Tots Fresh Fruit Tofts Milk	Mac & Cheese OR Pulled Pork Quesadilla Green Beans Fresh Fruit Tofts Milk	Pizza (variety) OR Italian Sub Side Salad Fresh Fruit Tofts Milk	