



Sandusky City Schools

407 Decatur Street, Sandusky, Ohio 44870 • 419.626.6940

CONFIRMATION OF NOTICE AND TREATMENT OF HEAD LICE

The following directions serve as a guide to the treatment and control of head lice. All directions **MUST** be followed **EXACTLY** and your child **MUST** be **NIT-FREE** before he/she is allowed to return to school.

CARE OF HAIR

1. Shampoo hair with a lice-killing preparation at once following manufacturer's directions. The hair may be rinsed with a vinegar and water solution to help loosen the nits (eggs) from the hair shaft.
2. Remove **ALL NITS** from the hair using your fingernails and pulling the nit off of the hair shaft or use a fine-toothed comb and comb a small strand of hair repeatedly until the nits are removed. A metal fine-toothed comb works better than a plastic one.
3. When **ALL NITS** have been removed, shampoo the hair again with regular shampoo and recheck for any stray nits and remove them.
4. The lice-killing shampoo should be repeated in 7 to 10 days to kill any newly hatched lice caused by incomplete removal of all nits.

CARE OF PERSONAL ARTICLES

1. Heat kills lice and their eggs, so clean all personal clothing, bed clothes, and bedding in a washer's hottest cycle, (130 degrees F.) and in a hot dryer. Items that cannot be washed may be dry-cleaned or kept in a sealed plastic bag for 30 days.
2. All combs, brushes, and hair articles need to be placed in hot water (130 degrees F.) for 10 minutes and then washed with soap and hot water.

CARE OF HOME FURNISHINGS

1. Vacuum mattresses, upholstered furniture, car interiors, flooring, rugs and pillows, since lice can live off the human body for 24 to 48 hours. Dispose of vacuum cleaner bags.

RETURN TO SCHOOL

1. You must treat your child and return him/her to school **NIT-FREE** within three (3) calendar days or the school will consider your child truant. **When your child returns to school, he/she must have a note from the Erie County Health Department that verifies your child is NIT-FREE.** Prompt and thorough treatment of head lice is essential, so your child will not miss any more time than is necessary from school. Ideally, children will be treated immediately, including total removal of any nits and returned to school as soon as possible.
2. We require that you send the box top from the lice-killing shampoo with your child when he/she returns to school.
3. Please monitor your children and inspect their heads for evidence of re-infestation (nits in the hair). Please let the school know if you discover a case of head lice so that we can check other suspected close contacts.

POINTS TO REMEMBER

1. A head louse is a crawling insect about 1/8" long. The female lays tiny white eggs (nits) which are firmly attached to the base of hairs. The most common locations include the back of the neck, behind the ears and the crown. Usually the first sign of head lice is an intense itching in the affected areas. This condition can be spread by direct contact with an infected person or items that come in contact with their head.
2. Lice cannot jump or fly. ***Uncleanliness is not a factor in transmitting lice.***
3. Head lice are usually spread easily by sharing combs, brushes, hats and other articles of clothing. Try to give each child their own hat, comb or brush. Instruct your child to place his/her hat in his/her coat sleeve before hanging it in the closet. This will retard the spread of lice within the home and at school.
4. Inspect your child's head frequently, especially if they complain of itching. Pay particular attention to the nape of the neck and the sides of the head. Nits will be found close to the scalp, where it is warm.
5. Along with the lice-killing shampoo and nit removal, there must be a thorough cleaning of the home and bedding. **UNLESS ALL IS COMPLETED ON THE SAME DAY, REINFESTATION MAY RESULT.**

Please sign and return the bottom of this form to the building principal or the school nurse.

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I _____ as the parent/guardian of _____ have read and
(parent/guardian name) (student's name)

understand the above guidelines for the treatment of head lice.

Parent/Guardian Signature

Date



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CONFIRMATION OF NOTICE AND TREATMENT OF HEAD LICE

Date: _____

Dear Parent/Guardian of:

_____:

Your child is being excluded from school due to head lice. This condition is contagious and may be spread to other children in the classroom/school.

You must treat your child and return him/her to school NIT-FREE within three (3) calendar days or the school will consider your child truant. **When your child returns to school, he/she must have a note from the Erie County Health Department that verifies your child is NIT-FREE.**

The Erie County Health Department will provide lice-killing shampoo at no or reduced cost to families who do not have the money to buy the special shampoo. Proof of income is required to obtain the shampoo at no or reduced cost through the Health Department.

The Sandusky City Schools have a NIT-FREE policy. This means that in addition to using the lice-killing shampoo all nits (eggs) must be removed from the hair. You can obtain a special comb for the removal of nits from your pharmacist. It will also be necessary to use your fingers to remove some of the nits. If the lice-killing shampoo is used properly the lice in the egg cases will be dead.

The nit free policy is necessary to enable school personnel to insure correct treatment was given and to check later to be certain re-infestation has not occurred.

Please call the school if you have any questions or if the school can be of any assistance.

Sincerely,

School Nurse

Contact phone number and/or email address

See reverse side for recommendations for treatment and control of head lice and confirmation of this notice.

Please see other side for “Confirmation of Notice and Treatment of Head Lice”